



# Toasted Mango Cafe

## HOMEMADE CORNED BEEF HASH\*

Our homemade hash with an option of folding in onions, mushrooms, and peppers then topped with two eggs cooked your way with choice of side dish and toast 13.99

### TWO EGGS\*

*Served with side and toast*

Served any way you like 7.99

Add bacon, ham, sausage patties or turkey sausage links 10.99

## TOASTED MANGO AVOCADO TOAST\*

A fresh avocado smash smothered on multi grain toast, topped with sweet mango, crisp arugula, and feta cheese crumbles. Served with choice of side 14.99

## OMELETS

### SARASOTA\*

House roasted turkey, fresh avocado, spinach, tomato and Jack cheese 15.99

### SANDI'S SPICY SPECIAL\*

Sausage, jalapenos, tomato, onion, pepper jack & cheddar cheeses, topped with avocado cream 14.99

### GULFSIDE\*

Fresh seasoned Bluefin crabmeat & gulf shrimp, with spinach, tomato and Jack cheese 17.99

### FLORIDA COBB\*

House roasted turkey, bacon, tomato, spinach, bleu cheese crumbles, & fresh avocado 16.99

### DENVER\*

Ham, green peppers & onions 11.99

### SPINACH & FETA\*

Made with fresh spinach and real Greek feta 12.99

### THREE CHEESE\*

Cheddar, Jack and Swiss Cheeses 9.99

## ON THE SIDE

All eggs and omelets are served with your choice of home fries, sweet potato home fries, grits, potato cake, mixed green salad or fresh seasonal fruit and choice of toast, English muffin or homemade biscuit.

*Substitute egg whites for an additional 1.50*

### EGGS BENEDICT\*

Traditional with Canadian bacon 13.99  
Roasted Turkey & Avocado 16.99  
Zesty Crab & Shrimp 18.99  
Florentine 14.99

### SMOKED SALMON PLATTER\*

Smoked salmon, plump tomato, cream cheese, hardboiled egg, capers, and red onion. Served with a real New York bagel 19.99



## Breakfast Menu

**Breakfast & Lunch Served All Day**  
**Ask about our Gluten-Free Options**

### TOASTED MANGO SPECIAL\*

Two eggs, choice of French toast or pancakes, two strips of bacon and home fries 12.99

*Substitute whole waffle 2.00  
any other changes are an additional 1.00*

### CREATE YOUR OWN OMELET or BREAKFAST WRAP\*

Choose any Four:

Cheese, spinach, kale, green peppers, mushrooms, broccoli, onion, tomato, jalapeno, bacon, ham, turkey, sausage, corn, or our homemade veggie chili, with a choice of a side dish 12.99

*Add avocado 1.59 Add chicken/shrimp 3.29  
Add crab/salmon 4.99*

### EGG SANDWICH\*

Two eggs scrambled served with ham and American cheese on your choice of toast and side dish 9.99

## Sweet Treats

*All Waffles and French Toast dusted with Powdered Sugar*

### AWARD WINNING TOASTED MANGO WAFFLE

Belgian style waffle topped with Fresh Mango, Toasted coconut, finished with real whipped cream 12.99

### FRUIT TOPPED WAFFLE

Topped with fresh strawberries, bananas, blueberries, and whipped cream 11.99

### BELGIAN WAFFLE

Dusted with powdered sugar and served with our homemade Mango butter on the side 9.99

### WAFFLE N' EGG\*

Belgian waffle and one egg cooked to order with bacon, ham, or sausage 12.99

### TOASTED MANGO FRENCH TOAST

Our house recipe French toast topped with fresh mango, house toasted coconut, and real whipped cream 12.99

### FRUIT TOPPED FRENCH TOAST

Topped with fresh strawberries, bananas, blueberries and whipped cream 11.99

### FRENCH TOAST

With cinnamon and vanilla, mango butter on the side 9.99

### PANCAKES

Served with our homemade Mango butter  
Full Stack (3) 9.99 Short Stack (2) 8.99  
Add any 2: Blueberries, bananas, chocolate chips, granola, walnuts, pecans, raisins, cranberries (3) 12.99 (2) 10.99

*Real Vermont maple syrup available upon request for 1.59*

## THE HEALTHY SIDE

### PROTEIN WRAP\*

Fluffy egg whites scrambled with fresh sauteed spinach, mushrooms, house roasted turkey, feta and low fat jack cheese all served in a low carb tortilla, with choice of side 14.99 *Add avocado 1.59*

### BREAKFAST BANANA SPLIT

Creamy yogurt with fresh strawberries, blueberries, and Mango served on top of a fresh sliced banana, and finished with crunchy granola crumbles. Served with your choice of toast 13.99

### SLOW COOKED

### HOMEMADE OATMEAL

Served with brown sugar, and raisins on the side. Cup 5.29 Bowl 6.99

Add seasonal fresh fruit or nuts 2.00

### BOWL OF GRANOLA

Served with whole milk 7.99  
Add banana 1.00

## EXTRAS\*

Biscuits with Sausage Gravy 8.99  
Side of Fruit 3.99  
Bowl of Seasonal Fresh Fruit 8.99  
Homemade Muffin 3.79  
Sliced Tomato or Avocado 3.99  
Toast, English Muffin, or Biscuit 2.79  
Granola 3.99  
Four Bacon Strips 3.99  
Four Jalapeno Bacon Strips 4.99  
Two Pork Sausage Patties 3.99  
Three Turkey Sausage Links 3.99  
Ham Steak 3.99  
Sausage Gravy 3.99  
Grits 1.99  
Mixed Green Salad 2.99  
Homemade Pico di Gallo 1.59  
Sour Cream 1.00  
Home Fries, Sweet Potato Home Fries, French Fries, Potato Cake, Chips 3.29  
Side of Corned Beef Hash 7.99  
Bagel with Cream Cheese 3.79  
3-Bean Mango Salad 3.99  
Sweet Potato Salad 3.29

## BEVERAGES

Cold squeezed orange, grapefruit 3.79/4.79  
Apple, tomato, pineapple, cranberry 3.29/4.29  
Iced Tea. Pepsi, Diet Pepsi, Dr Pepper, Mist, Gingerale, Lemonade, Mountain Dew 3.29  
Milk 3.29 (Wh or Choc) Almond/Soy 3.79/4.79  
Bottled Water 2.50  
Coffee 3.29 Espresso 3.79 Cappuccino 4.79  
Almond/Soy Creamer 1.00  
*Beer & Wine Available* Domestic Beer 4.29  
Imported Beer 4.79 Wine/Mimosa 8.99/10.99  
Bloody Mary, Rum Punch, Mangorita 8.99

\*Consuming raw and undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of food borne illness, especially if you have certain medical conditions.



# Toasted Mango Cafe

**Breakfast Served  
All Day**

## Lunch Menu

### SALADS & SOUPS

#### SOUP OF THE DAY

#### CHILLED GAZPACHO

Garnished with fresh Mango

#### NEW ENGLAND CLAM CHOWDER

Cup 4.99 Bowl 6.29

#### SOUTHWESTERN VEGGIE CHILI

Add fresh avocado & cilantro 1.50  
Add cheese or onion .50

#### THE TOASTED MANGO BLACKENED CHICKEN SALAD

Tender blackened chicken served on top of Romaine with fresh Mango, avocado, cilantro, crumbled Bleu cheese, cucumber and tomato. Served with our citrus vinaigrette dressing on the side 17.99 *chopped add 1.00*

#### SOUTH BEACH SALAD \*

For the carb conscious! A bed of mixed greens topped with an Angus burger patty with fresh avocado, feta cheese, Florida strawberries, tomato and cucumber 15.99 *chopped add 1.00*

#### COBB SALAD \*

Traditional style with our house roasted turkey, egg, bacon, avocado, tomato, crumbled Bleu cheese, and cucumber with your choice of dressing 15.99

#### CHEF SALAD \*

Julienne style ham, turkey, Swiss and American cheeses, served on iceberg lettuce with tomato, eggs, cucumber and your choice of dressing 15.99

#### NUTTY THAI QUINOA SALAD

Fresh vegetables and crunchy peanuts sauteed in our house Thai sauce, served over a bed of crisp greens, organic quinoa, and tomato wedges. Served with our zesty Cusabi dressing on the side 13.99

#### PORK, SWEET POTATO, & GOAT CHEESE SALAD \*

Hand pulled pork, roasted sweet potato, goat cheese, dried cranberries, and English walnuts over baby greens. Served with our lemon vinaigrette on the side 17.99

#### EGG, CHICKEN, OR TUNA SALAD PLATTER \*

With your choice of seasonal fresh fruit, 3 bean Mango salad, or cole slaw 13.99

*Dressing choices:*

*Citrus vinaigrette, Cusabi, Balsamic vinaigrette, Ranch, Bleu cheese, 1,000 Island, or Honey*

*mustard* \*Consuming raw and undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of food borne illness, especially if you have certain medical conditions.

Toasted Mango Cafe 3 Locations: (#1) 3240 E Bay, Holmes Beach, FL, (#2) 6621 Midnight Pass Rd, Sarasota, FL, (#3) 1371 Boulevard of the Arts, Sarasota, FL  
BREAKFAST • LUNCH Monday - Sunday 7:30am - 2:30pm 7 days a week (#1) 941.213.9948 (#2) 941.552.6485 (#3) 941.388.7728 [www.toastedmangocafe.com](http://www.toastedmangocafe.com)

### WRAPS

Delicious combinations served in a whole wheat tortilla.

#### TURKEY MANGO WRAP

Our house roasted turkey, with fresh avocado, arugula, Jack cheese, and our Mango salsa 15.99

#### THAI VEGETABLE STIR FRY WRAP

A combination of fresh vegetables sauteed in our Thai peanut sauce with crunchy peanuts and Jack cheese. Topped with sour cream 11.99 Add chicken 3.00  
Add shrimp 4.00

#### BLACKENED MAHI WRAP \*

Flaky mahi blackened to perfection, in our low carb tortilla along with our homemade mango salsa, lettuce, tomato, & onion 13.99 Add avocado 1.59

#### KIMBERLY'S MEDITERRANEAN STEAK WRAP \*

Thinly sliced sirloin with sauteed onion, mushroom, Jack and Feta cheese with roasted red peppers 12.99



### BURGERS AND SUCH

#### ALL AMERICAN BURGER \*

Fresh ground beef, cooked the way you like! Lettuce, tomato, and onion, on a fresh Kaiser roll 12.99 Add cheese 1.00

#### TURKEY BURGER TACO MELT

Seasoned house made turkey burger, melted cheddar, avocado, pico di gallo, chipotle mayo grilled Texas toast 15.99

#### QUINOA GARDEN BURGER

Made in house with garden fresh veggies & organic quinoa. Topped with melted pepper jack cheese, fresh avocado, arugula & tomato on a toasted bun. Served w/zesty red pepper mayo 15.99

#### JC BLACKENED CHICKEN SANDWICH \*

A blackened tender chicken breast, smeared with a tasty combination of whipped cream cheese, zesty jalapenos, and garlic all on a Kaiser roll with lettuce and tomato 14.99

#### QUESADILLAS \*

Chicken, Steak or Shrimp in a whole wheat tortilla, with a blend of cheeses, onion, mushroom, fresh pico de gallo, sour cream & sliced avocado 15.99

All Sandwiches, Wraps & Burgers are served with a choice of 1 side: French Fries, 3 Bean & Mango Salad, Homemade Potato chips, Cole Slaw, Seasonal Fruit, Cottage Cheese, Mixed Greens, or Sweet Potato Salad

#### FISH TACOS (2)

(Shrimp or Mahi) blackened and served in a soft tortilla with our homemade mango salsa, crisp arugula, feta cheese, & fresh avocado cream. Served with a choice of side 16.99

### COLD SANDWICHES

#### SARASOTA BLT

A classic with a twist! Loaded with crispy bacon, crunchy iceberg lettuce, garden fresh tomato, mayo, and fresh avocado on your choice of toast 13.99  
Add jalapeno bacon 1.00

#### EGG, TUNA, or CHICKEN SALAD

Freshly made and perfectly seasoned, with your choice of side. 12.99

#### TRADITIONAL CLUB

House roasted turkey, crispy bacon, American cheese, lettuce, tomato, and mayo on your choice of toast 13.99  
Add jalapeno bacon 1.00

### HOT SANDWICHES

#### THE MARYLOU

Creamy blended goat cheese, fresh mango, crunchy jalapeno bacon, and crisp arugula all grilled on our bakery fresh multigrain 14.99

#### THE CUBAN

Tender slow roasted pulled pork, thinly sliced ham, melted Swiss, crunchy dill pickle, and mojo sauce all pressed Cuban style on our house baguette 15.99

#### REUBEN

Our homemade corned beef, Swiss cheese, sauerkraut, and 1,000 Island dressing all grilled on our bakery fresh marble rye 13.99

#### DEBBIE

House roasted turkey, Jack cheese, cole slaw, and 1,000 Island dressing, grilled on our marble rye 12.99

#### PHILLY CHEESE STEAK

Thinly sliced sirloin grilled with peppers, onions, and Jack cheese 10.99

#### 3 CHEESE GRILLED CHEESE

A down home favorite! Swiss, Cheddar, and American cheeses on your choice of bread 8.99 Add Tomato 1.00  
Add bacon 2.00 Jalapeno bacon 3.00

\*Split Plate Charge - 3.00

Private Meeting Room available for up to 25 people at the downtown location. 18% gratuity may be added to parties of 6 or more. 3% will be added for to go orders.