



# Toasted Mango Cafe

## HOMEMADE CORNED BEEF HASH\*

Our homemade hash with an option of folding in onions, mushrooms, and peppers then topped with two eggs cooked your way with choice of side dish and toast 12.99

### TWO EGGS\*

*Served with side and toast*

Served any way you like 6.99

Add bacon, ham, sausage patties or turkey sausage links 9.99

### TOASTED MANGO AVOCADO TOAST\*

A fresh avocado smash smothered on multi grain toast, topped with sweet mango, crisp arugula, and feta cheese crumbles. Served with sliced tomato 12.99

## OMELETS

### SARASOTA\*

House roasted turkey, fresh avocado, spinach, tomato and Jack cheese 13.99

### THREE CHEESE\*

Cheddar, Jack and Swiss Cheeses 8.99  
Add bacon, ham, sausage or fresh avocado 9.99

### SPINACH & FETA\*

Made with fresh spinach and real Greek feta 10.99

### DENVER\*

Ham, green peppers & onions 10.99  
Add your choice of cheese 11.99

### SANDI'S SPICY SPECIAL\*

Sausage, jalapenos, tomato, onion, pepper jack & cheddar cheeses, topped with sour cream 12.99

### GULFSIDE\*

Fresh seasoned Bluefin crabmeat & gulf shrimp, with spinach, tomato and Jack cheese 14.99

## ON THE SIDE

All eggs and omelets are served with your choice of home fries, grits, potato cake, mixed green salad or fresh seasonal fruit and choice of toast, English muffin or homemade biscuit.

*Substitute egg whites or egg beaters for an additional 1.50*

### EGGS BENEDICT\*

Traditional with Canadian bacon 10.99  
Florentine 11.99  
Black bean veggie w/avocado 12.99  
Smoked Salmon 15.99

### SMOKED SALMON PLATTER\*

Smoked salmon, plump tomato, cream cheese, hardboiled egg, capers, and red onion. Served with a real New York bagel 16.99



## Breakfast Menu

**Breakfast & Lunch Served All Day**

**Sutter's Farm Fresh Eggs**

*Ask about our Gluten-Free Options*

### TOASTED MANGO SPECIAL\*

Two eggs, choice of French toast or pancakes, two strips of bacon and home fries 10.99

*Substitute whole waffle 2.00  
any other changes are an additional 1.00*

### CREATE YOUR OWN OMELET or BREAKFAST WRAP\*

Choose any Four: Cheese, spinach, kale, green peppers, mushrooms, broccoli, onion, tomato, jalapeno, bacon, ham, turkey, sausage, avocado, corn, or our homemade Southwestern vegetarian chili, with a choice of a side dish 11.99

### EGG SANDWICH\*

Two eggs scrambled served with ham and American cheese on your choice of toast with potato cake, home fries, grits, seasonal fresh fruit or mixed greens 9.99

## Sweet Treats

*All Waffles and French Toast dusted with Powdered Sugar*

### AWARD WINNING TOASTED MANGO WAFFLE

Belgian style waffle topped with Fresh Mango, Toasted coconut, finished with real whipped cream 10.99

### FRUIT TOPPED WAFFLE

Topped with fresh strawberries, bananas, blueberries, and whipped cream 10.99

### BELGIAN WAFFLE

Dusted with powdered sugar and served with our homemade Mango butter on the side 8.99

### WAFFLE N' EGG\*

Belgian waffle and one egg cooked to order with bacon, ham, or sausage 11.99

### TOASTED MANGO FRENCH TOAST

Our house recipe French toast topped with fresh mango, house toasted coconut, and real whipped cream 10.99

### FRUIT TOPPED FRENCH TOAST

Topped with fresh strawberries, bananas, blueberries and whipped cream 10.99

### FRENCH TOAST

With cinnamon and vanilla, mango butter on the side 8.99

### PANCAKES

Served with our homemade Mango butter  
Full Stack (3) 7.99 Short Stack (2) 6.99

**BLUEBERRY PANCAKES (2) 8.99**

**BANANA GRANOLA PANCAKES (2) 8.99**

**CHOCOLATE CHIP WALNUT PANCAKES (2) 8.99**

*Real Vermont maple syrup available upon request for 1.50*

## THE HEALTHY SIDE

### PROTEIN WRAP\*

Fluffy egg whites scrambled with fresh sauteed spinach, mushrooms, house roasted turkey, feta and low fat jack cheese all served in a low carb tortilla, with sliced tomato on the side 12.99

### BREAKFAST BANANA SPLIT

Creamy yogurt with fresh strawberries, blueberries, and Mango served on top of a fresh sliced banana, and finished with crunchy granola crumbles. Served with your choice of toast 10.99

### SLOW COOKED

### HOMEMADE OATMEAL

Served with brown sugar, and raisins on the side. Cup 4.25 Bowl 5.75  
Add seasonal fresh fruit or nuts 1.00

### BOWL OF GRANOLA

Served with whole or skim milk 6.99

## EXTRAS\*

Cup of Seasonal Fresh Fruit 3.99  
Bowl of Seasonal Fresh Fruit 5.99  
Homemade Muffin 3.75  
Sliced Tomato or Avocado 3.99  
Toast, English Muffin, or Biscuit 1.99  
Biscuits with Sausage Gravy 7.99  
Granola 2.99  
Four Bacon Strips 3.99  
Four Jalapeno Bacon Strips 4.99  
Two Pork Sausage Patties 3.99  
Three Turkey Sausage Links 3.99  
Ham Steak 3.99  
Sausage Gravy 2.99  
Grits 1.99  
Mixed Green Salad 2.99  
Homemade Pico di Gallo 1.50  
Sour Cream 1.00  
Home fries, Chips, or French Fries 1.99  
Homemade Potato Cake 2.99  
Side of Corned Beef Hash 6.99  
Bagel with Cream Cheese 3.75  
3-Bean Mango Salad 3.99  
Sweet Potato Salad 2.99

## BEVERAGES

Cold squeezed orange, grapefruit 3.50/4.50  
Apple, tomato, pineapple, cranberry 2.99/3.99  
Iced Tea. Pepsi, Diet Pepsi, Dr Pepper, Mist, Gingerale, Lemonade, Mountain Dew 2.99  
Milk 2.99/3.99 Almond/Soy Milk 3.50/4.50  
Bottled Water 2.50  
Coffee 2.99 Espresso 3.75 Cappuccino 4.75  
Almond/Soy Creamer 1.00  
*Beer & Wine Available* Domestic Beer 3.75  
Imported Beer 4.50 Wine or Mimosa 7.99  
Bloody Mary, Rum Punch, Mangorita 7.99

\*Consuming raw and undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of food borne illness, especially if you have certain medical conditions.





# Toasted Mango Cafe

**Breakfast Served  
All Day**

## Lunch Menu

### SALADS & SOUPS

**SOUP OF THE DAY** OR **CHILLED GAZPACHO**

Cup 3.99  
Bowl 5.25

Garnished with  
fresh Mango

### SOUTHWESTERN VEGGIE CHILI

A delicious combination of fresh garden vegetables, beans, tomato, and sweet corn

Cup 4.50 Bowl 5.50  
Add fresh avocado & cilantro 1.50  
Add cheese or onion .50

### THE TOASTED MANGO BLACKENED CHICKEN SALAD

Tender blackened chicken served on top of Romaine with fresh Mango, avocado, cilantro, crumbled Bleu cheese, cucumber and tomato. Served with our lemon vinaigrette dressing on the side 14.99 *chopped add 1.00*

### SOUTH BEACH SALAD \*

For the carb conscious! A bed of mixed greens topped with an Angus burger patty with fresh avocado, feta cheese, Florida strawberries, tomato and cucumber 13.99 *chopped add 1.00*

### COBB SALAD \*

Traditional style with our house roasted turkey, egg, bacon, avocado, tomato, crumbled Bleu cheese, and cucumber with your choice of dressing 13.99

### CHEF SALAD \*

Julienne style ham, turkey, Swiss and American cheeses, served on iceberg lettuce with tomato, eggs, cucumber and your choice of dressing 13.99

### NUTTY THAI QUINOA SALAD

Fresh vegetables and crunchy peanuts sauteed in our house Thai sauce, served over a bed of crisp greens, organic quinoa, and tomato wedges. Served with our zesty Cusabi dressing on the side 12.99

### CAESAR SALAD

Served with our creamy Caesar dressing and homemade croutons 9.99

Add Chicken or Talapia 4.00  
Shrimp 5.00 or Salmon 6.00

### EGG, CHICKEN, OR TUNA SALAD PLATTER \*

With your choice of seasonal fresh fruit, 3 bean Mango salad, or cole slaw 10.99

*Dressing choices:*

*Citrus vinaigrette, Cusabi, Balsamic vinaigrette, Ranch, Bleu cheese, 1,000 Island, or Honey mustard*

\*Consuming raw and undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of food borne illness, especially if you have certain medical conditions.

Toasted Mango Cafe 2 Locations: (#1) 430 N Tamiami Trail, Sarasota, FL & (#2) 6621 Midnight Pass Rd, Sarasota, FL

BREAKFAST • LUNCH Monday - Sunday 7:30am-2:30pm 7 days a week (#1) 941.388.7728 (#2) 941.552.6485 [www.toastedmangocafe.com](http://www.toastedmangocafe.com)

### WRAPS

Delicious combinations served in a whole wheat tortilla.

### TURKEY MANGO WRAP

Our house roasted turkey, with fresh avocado, lettuce, Jack cheese, and our Mango salsa 12.99

### THAI VEGETABLE STIR FRY WRAP

A combination of fresh vegetables sauteed in our Thai peanut sauce with crunchy peanuts and Jack cheese. Topped with sour cream 9.99 Add chicken 3.00 Add shrimp 4.00

### BLACKENED TILAPIA WRAP \*

Flaky tilapia blackened to perfection, in our low carb tortilla along with our homemade mango salsa, lettuce, tomato, & onion 12.99

### KIMBERLY'S MEDITERRANEAN STEAK WRAP \*

Thinly sliced sirloin with sauteed onion, mushroom, Feta cheese and roasted red peppers 11.99



### BURGERS AND SUCH

*(whole wheat rolls available)*

### ALL AMERICAN BURGER \*

Fresh ground beef, cooked the way you like! Lettuce, tomato, and onion, on a fresh Kaiser roll 10.99 Add cheese 1.00

### TURKEY BURGER \*

Fresh ground turkey grilled and topped with fresh avocado, melted Jack cheese and garlic mayo 11.99

### ZESTY VEGGIE BURGER

Made in house! Black beans, mushrooms, corn, onion, fresh herbs, and a touch of jalapeno. Topped with fresh avocado, arugula and served with our pico de gallo 12.99

### JC BLACKENED CHICKEN SANDWICH \*

A blackened tender chicken breast, smeared with a tasty combination of whipped cream cheese, zesty jalapenos, and garlic all on a Kaiser roll with lettuce and tomato 10.99

### QUESADILLAS \*

Chicken, Steak or Shrimp in a whole wheat tortilla, with a blend of cheeses, onion, mushroom, fresh pico de gallo, sour cream & sliced avocado 12.99

All Sandwiches, Wraps & Burgers are served with a choice of 1 side: French Fries, 3 Bean & Mango Salad, Homemade Potato chips, Cole Slaw, Seasonal Fruit, Cottage Cheese, Mixed Greens, or Sweet Potato Salad

### COLD SANDWICHES

#### SARASOTA BLT

A classic with a twist! Loaded with crispy bacon, crunchy iceberg lettuce, garden fresh tomato, mayo, and fresh avocado on your choice of toast 11.99

Add jalapeno bacon 1.00

#### EGG SALAD

Perfectly seasoned egg salad made on premises with farm fresh eggs and creamy mayo. Served on your choice of bread 9.99

#### TUNA SALAD

A traditional tuna salad made with all white Albacore tuna and chopped celery 10.99

#### CHICKEN SALAD

*Mama Hutchinson's special recipe!* Made with only breast of chicken, Granny Smith apples, and celery 10.99

#### CRAB SALAD

Made with real & lump crab, served on bakery fresh multi-grain toast with spinach & tomato 14.99

#### TRADITIONAL CLUB

House roasted turkey, crispy bacon, American cheese, lettuce, tomato, and mayo on your choice of toast 12.99 Add jalapeno bacon 1.00

### HOT SANDWICHES

#### THE MARYLOU

Creamy blended goat cheese, fresh mango, crunchy jalapeno bacon, and crisp arugula all grilled on our bakery fresh multigrain 12.99

#### REUBEN

Our homemade corned beef, Swiss cheese, sauerkraut, and 1,000 Island dressing all grilled on our bakery fresh marble rye 12.99

#### DEBBIE

House roasted turkey, Jack cheese, cole slaw, and 1,000 Island dressing, grilled on our marble rye 12.99

#### PHILLY CHEESE STEAK

Thinly sliced sirloin grilled with peppers, onions, and Jack cheese 10.99

#### 3 CHEESE GRILLED CHEESE

A down home favorite! Swiss, Cheddar, and American cheeses on your choice of bread 6.99 Add Tomato .50 Add bacon 1.00 Jalapeno bacon 2.00

\*Split Plate Charge - 3.00

Private Meeting Room available for up to 25 people at the downtown location. 18% gratuity may be added to parties of 6 or more. .50 will be added for to go orders.