



Toasted Mango Cafe

TOASTED MANGO SPECIAL *

Two eggs, choice of French toast or pancakes, two strips of bacon and home fries 8.99

Any changes are an additional 1.00

TWO EGGS *

Served any way you like 5.99
Add bacon, ham, sausage patties or turkey sausage links 7.99

OMELETS

THREE CHEESE *

Cheddar, Jack and Swiss Cheeses 7.99
Add bacon, ham, sausage or fresh avocado 8.99

SPINACH & FETA *

Made with fresh spinach and real Greek feta 9.99

DENVER *

Ham, green peppers & onions 8.99
Add your choice of cheese 9.99

SARASOTA *

House roasted turkey, fresh avocado, spinach, tomato and Jack cheese 11.99

SANDI'S SPICY SPECIAL *

Sausage, jalapenos, tomato, onion, pepper jack & cheddar cheeses, topped with sour cream 11.99

GULFSIDE *

Fresh seasoned Bluefin crabmeat & gulf shrimp, with spinach, tomato and Jack cheese 12.99

OR CREATE YOUR OWN *

Choose Any Four — Spinach, green peppers, mushrooms, broccoli, onion, tomato, jalapenos, bacon, ham, turkey, sausage, fresh avocado or cheese 10.99

All eggs and omelets are served with your choice of home fries, grits, potato cake, sliced tomato or fresh seasonal fruit and choice of toast, English muffin or homemade biscuit.

Substitute egg whites or egg beaters for an additional 1.50

EGGS BENEDICT *

Traditional with Canadian bacon 10.99
Florentine 11.99
Black bean veggie w/avocado 12.99
Smoked Salmon 13.99

SMOKED SALMON PLATTER*

Smoked salmon, plump tomato, cream cheese, hardboiled egg, capers, red onion and a sprig of fresh dill. Served with a real New York bagel 13.99



HOMEMADE CORNED BEEF HASH*

Our homemade hash with an option of folding in onions, mushrooms, and peppers then topped with two eggs cooked your way with choice of side dish & English muffin, toast, or biscuit 10.99

CREATE YOUR OWN BREAKFAST WRAP *

Eggs scrambled with your choice of any four: Cheese, spinach, green peppers, mushrooms, broccoli, onion, tomato, jalapeno, bacon, ham, turkey, sausage, avocado, or our homemade Southwestern vegetarian chili, with a choice of a side dish 10.99

EGG SANDWICH *

Two eggs scrambled served with ham and American cheese on your choice of toast with potato cake, home fries, grits, sliced tomato, or seasonal fresh fruit 8.99

Sweet Treats

All Waffles dusted with Powdered Sugar

TOASTED MANGO WAFFLE

Belgian style waffle topped with Fresh Mango, Toasted coconut, finished with real whipped cream 9.99

FRUIT TOPPED WAFFLE

Topped with fresh strawberries, bananas, blueberries, and whipped cream 9.99

BELGIAN WAFFLE

Dusted with powdered sugar and served with our homemade Mango butter on the side 6.99

WAFFLE N' EGG *

Belgian waffle and one egg cooked to order with bacon, ham, or sausage 9.99

FRENCH TOAST

Served Texas style with a hint of vanilla, and cinnamon with a side of our homemade mango butter 6.99
Mango French Toast 9.99
Fruit Topped French Toast 9.99

APPLE WALNUT PANCAKES (2) 6.99

BLUEBERRY PANCAKES (2) 6.99

BANANA GRANOLA PANCAKES (2) 6.99

PANCAKES

Served with our homemade Mango butter
Full Stack (3) 6.99
Short Stack (2) 5.99

Real Vermont maple syrup available upon request for 1.50

Breakfast Menu

Breakfast & Lunch Served All Day
Farm Fresh Eggs Delivered Daily

Ask about our Gluten-Free Options

THE HEALTHY SIDE PROTEIN WRAP *

Fluffy egg whites scrambled with fresh sauteed spinach, mushrooms, house roasted turkey, feta and low fat jack cheese all served in a low carb tortilla, with sliced tomato on the side 10.99

BREAKFAST BANANA SPLIT

Creamy yogurt with fresh strawberries, blueberries, and Mango served on top of a fresh sliced banana, and finished with crunchy granola crumbles. Served with your choice of toast 9.99

SLOW COOKED HOMEMADE OATMEAL

Served with brown sugar, and raisins on the side. Cup 4.25 Bowl 5.75
Add seasonal fresh fruit or nuts 1.00

BOWL OF GRANOLA

Served with whole or skim milk 5.99

ON THE SIDE *

Cup of Seasonal Fresh Fruit 2.99
Bowl of Seasonal Fresh Fruit 5.99
Homemade Muffin 3.25
Sliced Tomato or Avocado 2.99
Toast, English Muffin, or Biscuit 1.99
Biscuits with Sausage Gravy 6.99
Granola 2.99
Four Bacon Strips 2.99
Four Jalapeno Bacon Strips 3.99
Two Pork Sausage Patties 2.99
Three Turkey Sausage Links 2.99
Ham Steak 2.99
Sausage Gravy 2.99
Grits 1.99
Side Salad 3.99
Homemade Pico di Gallo 1.50
Sour Cream 1.00
Home fries, Chips, or French Fries 1.99
Homemade Potato Cake 2.99
Side of Hash 5.99
Bagel with Cream Cheese 3.25
3-Bean Mango Salad (Here or To Go) 3.99
Sweet Potato Salad 2.99

BEVERAGES

Pepsi, Diet Pepsi, Dr Pepper, Mist, Diet Mist, Lemonade, Mountain Dew 2.50

Iced Tea 2.50 Milk 2.50 Bottled Water 2.50
Coffee 2.50 Espresso 3.75 Cappuccino 4.75

Juices : Fresh squeezed grapefruit, orange, apple, tomato, or cranberry 2.50

Beer & Wine Available Domestic Beer 3.75
Imported Beer 4.50 Wine or Mimosa 5.99
Bloody Mary, Rum Punch, Mangorita 5.99

*Consuming raw and undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of food borne illness, especially if you have certain medical conditions.



Toasted Mango Cafe

**Breakfast Served
All Day**

Lunch Menu

SALADS & SOUPS

SOUP OF THE DAY OR **CHILLED GAZPACHO**

Cup 3.99
Bowl 5.25

Garnished with
fresh Mango

SOUTHWESTERN VEGGIE CHILI

A delicious combination of fresh garden vegetables, beans, tomato, and sweet corn Cup 4.50 Bowl 5.50
Add fresh avocado & cilantro 1.50
Add cheese or onion .50

THE TOASTED MANGO BLACKENED CHICKEN SALAD

Tender blackened chicken served on top of Romaine with fresh Mango, avocado, cilantro, crumbled Bleu cheese, cucumber and tomato. Served with our citrus vinaigrette dressing on the side 11.99 *chopped add 1.00*

NUTTY THAI QUINOA SALAD

Fresh vegetables and crunchy peanuts sauteed in our house Thai sauce, served over a bed of crisp greens, organic quinoa, and tomato wedges. Served with our zesty Cusabi dressing on the side 10.99 Add chicken or shrimp 3.00 *chopped add 1.00*

SOUTH BEACH SALAD *

For the carb conscious! A bed of mixed greens topped with an Angus burger patty with fresh avocado, feta cheese, Florida strawberries, tomato and cucumber 11.99 *chopped add 1.00*

COBB SALAD *

Traditional style with our house roasted turkey, egg, bacon, avocado, tomato, crumbled Bleu cheese, and cucumber with your choice of dressing 10.99 *chopped add 1.00*

CHEF SALAD *

Julienne style ham, turkey, Swiss and American cheeses, served on iceberg lettuce with tomato, eggs, cucumber and your choice of dressing 11.99 *chopped add 1.00*

CAESAR SALAD

Served with our creamy homemade dressing 7.99 Add tilapia 4.00
Add chicken or shrimp 3.00 *chopped add 1.00*

EGG, CHICKEN, OR TUNA SALAD PLATTER *

With your choice of seasonal fresh fruit, 3 bean Mango salad, or cole slaw 8.99

Dressing choices:

Citrus vinaigrette, Cusabi, Balsamic vinaigrette, Ranch, Bleu cheese, 1,000 Island, or Honey mustard

*Consuming raw and undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of food borne illness, especially if you have certain medical conditions.

Toasted Mango Cafe 2 Locations: (#1) 430 N Tamiami Trail, Sarasota, FL & (#2) 6621 Midnight Pass Rd, Sarasota, FL
BREAKFAST • LUNCH Monday - Sunday 7:00am-3:00pm (#1) 941.388.7728 (#2) 941.552.6485 www.toastedmangocafe.com

WRAPS

Delicious combinations served in a whole wheat tortilla.

TURKEY MANGO WRAP

Our house roasted turkey, with fresh avocado, lettuce, Jack cheese, and our Mango salsa 10.99

THAI VEGETABLE STIR FRY WRAP

A combination of fresh vegetables sauteed in our Thai peanut sauce with crunchy peanuts and Jack cheese. Topped with sour cream 9.99 Add chicken 2.00

BLACKENED TILAPIA WRAP *

Flaky tilapia blackened to perfection, in our low carb tortilla along with our homemade mango salsa, lettuce, tomato, & onion 11.99

KIMBERLY'S MEDITERRANEAN STEAK WRAP *

Thinly sliced sirloin with sauteed onion, mushroom, Feta cheese and roasted red peppers 10.99



BURGERS AND SUCH

*(whole wheat
rolls available)*

ALL AMERICAN BURGER *

Fresh ground beef, cooked the way you like! Lettuce, tomato, and onion, on a fresh Kaiser roll 8.99 Add cheese 1.00

TURKEY BURGER *

Fresh ground turkey grilled and topped with fresh avocado, melted Jack cheese and garlic mayo 10.99

ZESTY VEGGIE BURGER

Made in house! Black beans, mushrooms, corn, onion, fresh herbs, and a touch of jalapeno. Topped with fresh avocado, arugula and served with our pico de gallo 11.99

JC BLACKENED CHICKEN SANDWICH *

A blackened tender chicken breast, smeared with a tasty combination of whipped cream cheese, zesty jalapenos, and garlic all on a Kaiser roll with lettuce and tomato 9.99

QUESADILLAS *

Chicken, Steak or Shrimp in a whole wheat tortilla, with a blend of cheeses, onion, mushroom, fresh pico de gallo, sour cream & sliced avocado 10.99

All Sandwiches, Wraps & Burgers are served with a choice of 1 side: French Fries, 3 Bean & Mango Salad, Homemade Potato chips, Cole Slaw, Seasonal Fruit, Cottage Cheese or Sweet Potato Salad

COLD SANDWICHES

SARASOTA BLT

A classic with a twist! Loaded with crispy bacon, crunchy iceberg lettuce, garden fresh tomato, mayo, and fresh sliced avocado on your choice of toast 10.99
Add jalapeno bacon 1.00

EGG SALAD

Perfectly seasoned egg salad made on premises with farm fresh eggs and creamy mayo. Served on your choice of bread 7.99

TUNA SALAD

A traditional tuna salad made with all white Albacore tuna and chopped celery 8.99

CHICKEN SALAD

Mama Hutchinson's special recipe!
Made with only breast of chicken, Granny Smith apples, and celery 8.99

CRAB SALAD

Made with real & lump crab, served on bakery fresh multi-grain toast with spinach & tomato 11.99

TRADITIONAL CLUB

House roasted turkey, crispy bacon, American cheese, lettuce, tomato, and mayo on your choice of toast 9.99
Add jalapeno bacon 1.00

HOT SANDWICHES

THE MARYLOU

Creamy blended goat cheese, fresh mango, crunchy jalapeno bacon, and crisp arugula all grilled on our bakery fresh multigrain 10.99

REUBEN

Our homemade corned beef, Swiss cheese, sauerkraut, and 1,000 Island dressing all grilled on our bakery fresh marble rye 9.99

DEBBIE

House roasted turkey, Jack cheese, cole slaw, and 1,000 Island dressing, grilled on our marble rye 9.99

PHILLY CHEESE STEAK

Thinly sliced sirloin grilled with peppers, onions, and Jack cheese 9.99

3 CHEESE GRILLED CHEESE

A down home favorite! Swiss, Cheddar, and American cheeses on your choice of bread 6.99 Add Tomato .50
Add bacon 1.00 Jalapeno bacon 2.00

*Split Plate Charge - 3.00